

St Brigid's School Newsletter



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Principal's Message



Dear Families,

It is the end of a very crazy term 3 with lots happening here at school. I would like to wish you a safe and happy holiday.

This week is also Mental Health Awareness week. There has been so much in the media that supports us all. This week is all about connecting with the people in our lives and creating space for conversations about mental health and wellbeing. Whether it's checking in with a friend, having a kōrero over some kai or saying hello to a passer-by, a little chat can go a long way. When life gets busy it's easy to forget to check in with the people in our lives, but having a kōrero with others nurtures our relationships and helps us to feel happy, connected and secure. Over time, chats help us to understand each other better and ensure we have people we can count on when times are tough.

Asking your child to tell you 3 things they are grateful for is a great start.

Iti te kupu, nui te orange -A wealth of life can be found in a few words.

Andrew Pozniak

St Brigid's House Groups

Congratulations to McAuley House the winning House this week.

Our House Token Winners this week:

Aubert House: *Calum McGurk*

McAuley House: *Katherine Binu*

de Paul House: *Sofia Bingley*



'Play, Eat, Learn' Strategy is coming to Term 4!

During the last few weeks we have trialled flipping our lunchtimes so that the children play first and then eat from 1.10pm – 1.30pm. Changing the order of play time at lunchtime, has been shown in studies to be associated with more food being eaten, a calmer lunchtime atmosphere, a dramatic decrease in behaviour problems during play time, and improvement in the children's ability to pay attention in class. This recommended intervention involves reversing the order of eating and playing for our lunchtime.

We found it interesting that many New Zealand schools have already implemented this 'Play, Eat, Learn' strategy. We have had great success with this so are going to make it permanent for the future.

Important Covid-19 Reminders

Thank you all for your support and understanding with our Level 2 guidelines. Next term we will continue with the following health and safety guidelines for Alert Level 2. If during the school holidays the Alert Levels change we will update everyone on our Facebook page.

- If your child is unwell please keep them at home.
- If you are concerned about your child's health you should contact your GP or Healthline.
- Children should arrive at school from 8.30am. The duty teacher will hand sanitise the children before they walk up the driveway between 8.30am – 8.45am. Children that arrive after 8.45am will sanitise their hands as they arrive in their class.

EOTC Contributions, Stationery and Sports Fees – invoices went home last week. Please contact the office if you have any queries. Thank you to everyone that has already paid these or has set up regular payments. Remember that if you are setting up a regular payment we are happy for you to contact the office so we can help you with a weekly amount that will cover your account for the year.

Overdue Accounts: we have noticed that we have a number of overdue accounts for stationery purchases and sports fees etc this year and some for previous years as well, that require payment as soon as possible!

These purchases are paid out of the school account to sports organisations; stationery suppliers etc with the expectation that parents will repay the school, so please contact the office if this applies to you so we can help you with a payment scheme.

Term 3 Sports Fees

At this stage no sports organisations have issued any refunds for our winter sports due to the lockdown, as teams played the majority of their games:

BOT News:

Next meeting: 3 November

PTA News:

Next Meeting: To be confirmed

School Bank Account Details (Please ensure you deposit money into the correct account)

Board of Trustees - School Account:

06 0942 0045712 00

PTA – Fundraising Account:

03 1732 0001257 00

Dates To Remember

What's On in Term 4

18 Oct	First Day of Term 4
25 Oct	Labour Day – School Closed
4 Nov	School Photos
16 Dec	Last Day of Term 4

Summer Uniform

Next term the children will be in their summer uniforms. The children should be wearing the correct school uniform listed below.

Girls Summer Uniform

Pinafore with plain white ankle socks
White short sleeved open neck blouse (with peaked collar)

Royal blue v-neck pullover

Navy shorts may be worn at school under with pinafore

Blue ribbons or headbands only may be worn.
No jewellery is to be worn at school except watches. Plain gold or silver ear studs may be worn.

Boys Summer Uniform

Open neck grey short sleeve polyester / cotton shirt or grey polo-style knit shirt

Grey shorts

Royal blue v-neck pullover

General

Black sports or leather shoes (no coloured stripes, or coloured laces) suitable for all activities, or black sandals may be worn without socks.

Sports Uniform (Compulsory)

Navy polo shirt with the school name embroidered on it (supplied by NZ Uniforms in Moray Place.

Plain navy knit shorts/plain navy track pants (no stripes/logos).

Wide brimmed navy blue sunhat: Sunhats are compulsory in terms 1 & 4 when outside.

Sports Update

Summer Sports Registrations: are now closed. Thank you to everyone that signed up and a big thank you to the parents that volunteered to coach / manage our teams! Unfortunately we did not have enough players to register for T-Ball / Softball so your registration fee will be refunded early next term.

At the beginning of next term we will send home the team lists, code of conduct forms, we will also set up Team Groups on Messenger as we have found this a brilliant way for us all to communicate.

Rippa Rugby competition: begins Monday 1 November

Futsal Tuesday competition (Years 1-4): begins 26 October and runs until 7 December

Futsal Wednesday competition: begins (Years 5-8): 27 October and runs until the 8 December

Flippaball competition: begins 30 October

R E Comment

Week 10: 27th September – 1st October
27th St Vincent de Paul

29th St Michael, Gabriel and Raphael, archangels

30th St Jerome

1st St Therese of the Child Jesus

The Feast of the Archangels - Sept 29

This is a special day on which we remember three angels who are powerful with God.

What distinguishes an archangel from other angels? - Their name means "above the angels."

We know the names of three of the archangels –Michael, Gabriel, and Raphael.



Kind regards

Andrew Pozniak & Deborah Charleson

Community News

WHAT'S ON @ OTAGO MUSEUM SCHOOL HOLIDAYS

OCTOBER 2021

SPACETRAVAILERS TO THE EXTREME
PLANETARIUM SHOW + SCIENCE EXPERIMENTS

Improv at the Museum – Theatre for Youth
These sessions take the Otago Museum's interactive exhibits to life. There's an evening 18+ at Otago Museum.
Term 1 - 12.30pm, Wednesday 3 October and 10.30am - 1pm, Tuesday 3 October (if Meet at Information Desk, FREE, Bookings essential)

Treasures of the Museum Makerspace
Make a fossil, perfume, jewellery, a water bottle and create a treasure map. All you can create at Otago Museum's makerspace and collect a prize!
All Day, Monday 4 - Friday 13 October (if Meet at Level 1, FREE, Bookings essential)

Sunfish Surprise!
How from Otago's Marine's own Curator, Natural Science Emma Burns about the fascinating and busy world of fish in the South Island's seas.
11am, Friday 8 October (if Sunday Theatre, FREE)

Animal Attraction Wild Tour
Our Museum's Curator will take you on an incredible adventure through stories of animals from the South Island's past. See, hear, feel and smell the real thing!
10am, Friday 8 and Sunday 13 October (Meet at the Information Desk, FREE)

The Good the Bad and the Bugly
Only a few of our beautiful and quirky insects are flying and buzz around us all the time. Come to find out just how they live.
10am, Tuesday 9 October (if Meet at Museum, FREE)

Free EV Bus Trips
By participating with the Otago Regional Council and Otago, we'll offer you a ride on the faces of our mountains with an Otago Science Communication taking you along in a fun and informative way.
11am, 1.30pm, Friday 8 October - Monday 11 October (Meet at Otago Museum, FREE)

Creative Pacifics
Celebrate Otago's diverse Pacifican community through song, dance, crafts, activities, delicious Pacifican dishes, and the sharing of knowledge. This is a one-day for children and adults alike, open to everyone of all cultures that make up the Pacific and celebrate Creative Pacifics 2021!
All day, Sunday 10 October (if Throughout the Museum)

Altoona
Visit Otago's oldest and the National Land by children and adults alike. Immerse yourselves in the story of the old Otago town.
1.30pm, Tuesday 10 and Sunday 17 October (if Tickets \$18)

411 Great King St, Dunedin
95 02 474 7474
More events, tickets and info at otagomuseum.nz

Follow us at @otagomuseum

Otago Cricket's SUMMER OF CRICKET (2021 - 22)
Modified Cricket - Dunedin / Taieri

GIRLS SMASH
6-side GIRLS ONLY cricket for school years 3-6!
• Soft-ball cricket - Entry level (no experience required)
• School teams - 45-min games
• Run at Dunedin Central & Taieri
• Term 4 2021 & Term 1 2022.

BOYS BLAST
6-side BOYS ONLY cricket for school years 3-6!
• Soft-ball cricket - Entry level (no experience required)
• School teams - 45-min games
• Run at Dunedin Central & Taieri
• Term 4 2021 & Term 1 2022.

SUPERSTAR CRICKET
Entry-level skills for school years 0-2!
• Soft-ball cricket skills & games
• Entry level (no experience required)
• 45-min sessions (10 x sessions total)
• Run at Dunedin Junior Clubs

For more information...
Please visit www.otagocricket.co.nz > Get Involved > Modified Programmes

Anderson's Bay Tennis Club

Sign-up 2021-2022

LOVE TENNIS!

Come and give tennis a go!

Sign up to Anderson's Bay Hot Shots

E-mail: andersonsbayhots@gmail.com

Anderson's Bay Tennis Club
SPORT O'TAGO
Bayfield Park, Dunedin
(Access Anderson's Bay Inlet or Shore Street)

Photo: Olive Copeman



The digital version of the 'Upstart' October/November issue above is **shareable**, **downloadable** and **printable**. It also includes links to printable resources. We welcome and encourage you to share this link with other educators and your wider school community.

[You and your students can access a digital version of your school's magazine subscription here...](#)